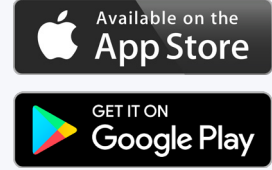


1

DOWNLOAD OUR MOBILE APP

Search > Corvis Nutrition



2

FOR ATHLETES:

1. Set Up Your Personal Account

- Enter your name and email.
- Create a password.

2. Link to Your Team

- Under **TEAM INFORMATION**, enter the **TEAM ID NUMBER** and **TEAM PASSWORD** provided by your team administrator.
- Under **ACCOUNT TYPE**, select **ATHLETE**.

3. Enter Your Bio Stats

- Enter your height, weight, year of birth, gender, and position.

FOR STAFF:

1. Set Up Your Personal Account

- Enter your name and email.
- Create a password.

2. Link to Your Team

- Under **TEAM INFORMATION**, enter the **TEAM ID NUMBER** and **TEAM PASSWORD** provided by your team administrator.
- Under **ACCOUNT TYPE**, select **COACH**, **TRAINER**, or **ADMINISTRATOR**.

3

FOR ATHLETES + STAFF:

1. Set Up Your Default Meals

- After completing the above steps, you will automatically be brought to a **DEFAULT MEALS** page. Please set up your default meal selections. (Default meals are used when you do not make a selection for a particular delivery.)

2. Choose Your Meals

- Click **MY ORDERS** to set up your meal selections for individual deliveries.

PLEASE NOTE: If you do not select a meal for a particular delivery or set a default meal, we will automatically select a meal for you.